



AT&T Benefits Center



CarePlus

CarePlus is a supplemental benefit program providing coverage for a list of specified treatments and services generally not covered under AT&T Medical Program options. You don't need to be enrolled in an AT&T Medical Program to sign up, but you must be enrolled in CarePlus to receive any CarePlus benefits.

CarePlus covered services will continue to be offered to you with **no required monthly contribution for 2019**. You will be notified in advance if the contribution amount changes. You will then have the option to opt out or to remain enrolled and pay a monthly contribution.

New CarePlus Services in 2018 and 2019

In 2018, CarePlus began providing coverage for several new experimental procedures and services. These include:

- CADence™ (Cardiovascular Diagnostic Procedure)
- CT Scans for Chronic Obstructive Pulmonary Disease (COPD) Early Detection (Respiratory and Pulmonary Procedure)
- Facial Reanimation Surgery (Neurologic Procedure)
- LipiFlow® (Ophthalmologic Procedure)
- Low Level Laser Therapy for Pemphigus Vulgaris Mouth Lesions (Autoimmune Diseases)
- Low Level Laser Therapy for TMJ Pain Syndrome (Other Services)
- Punctal Plug-Based Delivery Systems for Glaucoma (Ophthalmologic Procedure)
- Stereotactic Laser Ablation (Neurologic Procedure)

Effective Jan. 1, 2019, CarePlus will offer expanded coverage for:

- Hearing Aids – Benefit will increase from \$1,000 to \$4,000 every three years (available only after your base medical program hearing aid benefit has been fully used).
- Vaccines Required for International Travel – Includes coverage for recommended vaccines by the Centers for Disease Control and Prevention (CDC) for individuals travelling to parts of the world with elevated risk of specific infectious diseases that are currently not covered under your base medical program.

Need
Help?

Information about CarePlus benefits and how to use them is available at <https://careplus.att.com/>. In addition, review your [CarePlus Summary Plan Description \(SPD\)](#) and find a complete list of CarePlus-covered services.

IMPORTANT: Most services must be preapproved by UnitedHealthcare. For additional services or to learn more, call UnitedHealthcare at 877-261-3340, Monday through Friday from 7 a.m. to 7 p.m. Central time.